



# Journal of Uttar Pradesh INDIAN MEDICAL ASSOCIATION

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## Editorial Message...



Editorial

नमस्कार साथियों,

This is the third issue of the journal of Indian Medical Association UP state this year. Lot and lot of activities in this trimester by branches all over the state. There are branch elections, आओ गांव चलें programme of the headquarters activities, independence day celebrations, health camps, awareness activities, participation in state government programs, knowledge updation activities, recreational and festive celebrations, means a live awake and active social workout everywhere.

So there are a lot of photographs and we really felt space crunch. So this time less of knowledge updation.

In between state elections were also held and of course smoothly and we await the results.

There is so much activity at the headquarters level too. The government brought some new amendments for doctors which can not be accepted because they are against our freedom of expression as a doctor. And everyone was enraged. With our whole hearted support the headquarters under the leadership of Dr Sharad Kumar Agarwal was taking steps to tackle the situation. Friends, for the first time we saw a law after being implemented, was put in abeyance because of this smooth and timely action of the headquarters. The least we can say is thanks a lot Dr Sharad Agarwal sir.

Friends, our annual conference is near. State office is working hard to make it success. We need to participate in big numbers.

Again I am open to your guidance to improve the journal. Where ever you feel, please do suggest me.

Thank you

**LONG LIVE IMA**

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**ONE FOR ALL AND ALL FOR ONE**



## Message of the President IMA UP State



It gives me immense pleasure and satisfaction to take note of the fact that journal of Indian Medical Association U.P. State is going to be published very soon. In my view that the journal will be very much fruitful, informative and inspirational for everyone with newer developments and achievements in field of medical science.

I again want to repeat the same message of our National President which is mentioned below to strengthen the association with active participation and support of our members :

1. Two Million Marks on social media of I.M.A. on Facebook, Twitter and You Tube by LIKE and SUBSCRIBE.
2. Membership growth/drive to increase membership strength. Branch and GST registration.
3. To promote our young leaders of M.S.N. (Medical Students Network) and J.D.N. (Junior Doctors Network) to come in front line because they are our back bone.
4. To make the dream project of I.M.A. "AAO GAON CHALEN" successful as per direction of I.M.A. HQs.
5. We all have to follow the slogan "ONE FOR ALL AND ALL FOR ONE".

Lastly, I extend my gratitude for successful publication of journal and best wishes to Honorable Editor and his team who are working selflessly for it's publication.

**Jai Hind**  
**Long Live IMA**

**Dr Anil Kumar Srivastava**  
State President, IMA UP

## Message of the Secretary IMA UP State



Dear friends

Festival Greetings from IMA UP State

In the last issue of this journal I requested your active participation, involvement and support for every movement/call of IMA and membership growth.

I will emphasize again that We have a target of 2000 membership growth during this tenure. It is achievable as we have lots of potential members in UP. we can focus on newly passing out UG and PG.

Aao Goan chale project is an ongoing project I will request all branches to continue some activities at adopted villages on a regular basis and remaining branches to adopt at least one village under this project soon so that we can have 100% participation of branches.

Our third goal was focusing our presence on social media and we should achieve the TWO MILLION MARK on social media as per target by Our NP Dr Sharad Agarwal . Although this project requires minimum financial and time resource but still we are lagging behind so I will request all branches to come forward to make this target a reality.

As a public awareness program we are going to organise world diabetes day celebration as week long awareness projects from 14th November to 19th November including painting competition walkathon public lecture paramedic workshop and Diabetes detection camps all branches are requested to participate in this mega project at least in some form.

In the present era we are passing through the thought time in terms of public image. Administration, Politicians and even Public at large consider us as soft targets. Unity, positive attitude and strong will power is the only answer to stand against all these arrogance. Our Unity has shown the positive results during Rajasthan RTH bill, Exit Exam issue, compulsory generic prescription issue, and NEET Exam issue. once again I will request your active participation, involvement and support for every movement of IMA, cutting across our affiliations to various groups and ideological differences.

I will also thank Dr Rajiv Goel and the whole editorial board for giving me this opportunity to express my view through this message.

**Long Live IMA.**

**Dr VB Jindal**  
Secretary IMA UP State



# National President Message



## Dr Sharad Kumar Agarwal

MBBS, MD (Forensic Med. & Toxicology),  
MHA, PGDHHM, FCGP, FAMS

Executive Director & CEO J R Group of Hospitals  
Consultant Healthcare Projects, Operations &  
Strategies Medicolegal Expert

National President,  
Indian Medical Association (IMA)

- Council Member, World Medical Association (WMA)
- Head National Program, IMA-ICB UNESCO Chair Bioethics National Program, Department of Education, WMA Cooperating Centre
- Ex-Officio Member of National Board of Examination
- Invited Board Member of National Accreditation Board of Hospitals (NABH)
- Former National Chairman IMA Hospital Board of India
- National Senior Vice President IMA HQ (2015-16)
- State President IMA UP State (2014-15)
- State Secretary IMA UP State (2010-12)

### Formerly Associated in leadership role with:

1. MAX Hospital
2. Medanta
3. CARE Hyderabad
4. AMRI Kolkata
5. American Oncology Institute, Nagpur

Dear Friends,

Warm Greetings and Best wishes to you for Deepawali festival month. It gives me pleasure to communicate with you on this plate form of IMA UP state Journal.

First of all allow me to thank you from the core of my heart for your untiring support and guidance in every endeavour I have undertaken.

Friends, with your support we together are working for betterment of medical community in india, better work conditions, safety of the doctors and fight against the supermacist behaviour of the administration.

The success of AAO GAON CHALEIN project is a hallmark in our efforts to do something for the betterment of society. More than 1100 branches in India have adopted the rural or urban slum area to work there and organise health awareness and free medical facility programmes . AAO GAON CHELAIN programme is being run as a continuous process with monthly health camps. Successful implementation of this programme will help in bridging the communication gap between medical fraternity and general public.

This is a sad fact that organ donation awareness is not as expected not only in the public but also among the medical community. IMA headquarters has been working tirelessly to increase awareness about organ donation and to encourage more and more people to come forward and take pledge for organ donation. So that the long waiting list of recipients can be shortened. IMA organ donor card will be made available to all those filling the pledge form.

Friends, IMA is going to celebrate the world Diabetes day in a more aggressive way this time. We all know that menace of diabetes is growing in our nation with change in quality of life and adoption of sedentary lifestyle. IMA will be celebrating diabetes week with participation of all local branches and public participation this time in a big way. State office of IMA UP is working to present you a programme to follow.

The success in putting the change in NMC rules in abeyance by the central government and postponement of NExT are example of IMA strength .When we work together we succeed. The central leadership from the headquarters met mr Mansukh Mandvia, the concerned minister, and we were able to convince him about the futility of the unreasonable changes been made.

Friends, the headquarters has been representing the medical fraternity all over the world. In international forums at south east asia, africa and europe we have been representing and expressing indian view point. IMA official are also invited officially to give our views on international health summit of G20 nations at Gandhi Nagar and to cochair a session there.

I again congratulate UP IMA leadership for completing unanimous election this month. It is always good to have consensus rather than infighting .

**United we stand Divided fall  
Long live IMA**

**Dr Sharad Kumar Agarwal**  
National president, IMA





## Headquarters News

1. IMA HQ under the leadership of national president Dr Sharad Agarwal grabbed the opportunity to felicitate IMA UP state stalwarts and our leaders for their continuous and untiring hard work and dedicated effort for the doctor community as a whole and IMA UP in particular. In a grand function at IMA headquarters in front of national leaders.
2. This august saw a remarkable event. The IMA headquarters under the leadership of national president Dr Sharad Agarwal organised a national organ donation conclave to spread awareness among doctors. IMA is planning to issue a donor card for recognition of donors. Doctors and public together took pledge for organ donation. Filled the pledge form together in a big number. IMA is spreading awareness by different kind of activities for promotion of organ donation.
3. In wake of spreading fever, IMA headquarters conducted a webinar on topic of diagnosis and management of vector born and arbo viral infection. Webinar was joined by a large number of doctors from all over India.
4. On 22nd august a high level team led by national president Dr Sharad Agarwal with HSG Dr Anil J Nayak and president elect Dr R V Asokan meet honorary Sri Masukh Mandviya ji, health minister of india. The team raised our concerns on new NMC regulations. The meeting was a great success as the government understood our points and the notification in this regard was put on hold. This is a big victory of IMA and the effort made by IMA national office under leadership of Dr Sharad Agarwal is evident right on face of it. We all can see that a gazette notification is not implemented because of present leadership and united effort of IMA by giving unquestioned support to him. Well done IMA.
5. Our National President Dr. Sharad Agrawal and HSG Dr. Anil J Nayak have made a history in IMA by attending prestigious 37 th (CMAAO) Confederation of Medical Associations in Asia and Oceania (the region of the world that consists of the Islands of the Pacific Ocean and seas around them)- General Assembly and 58th Council Meeting at Dhaka hosted by Bangladesh Medical Association from 1st September to 4th September 2023.
6. IMA Headquarters under leadership of Dr Sharad Kumar Agarwal with united efforts and support of all has brought. Grand Victory for Indian Medical Association against the 2023 Regulations Notified by NMC! The entire set of 2023 Regulations that were notified by the NMC has been held in abeyance. A heartfelt thanks to Health Minister Shri Mansukh Mandviya Ji for his receptive approach and for considering the concerns raised by IMA. His support and understanding have paved the way for this remarkable outcome, we are deeply grateful for his collaboration.

This victory belongs to every single member of Indian Medical Association who stood together, raised their voices, and displayed unprecedented unity. It's a triumph that showcases the power of collective efforts, and it reinforces the significance of our association. Let's continue to stand united, uphold the values of our noble profession, and work towards a healthcare system that benefits all, without compromising the integrity of our practice.

7. National President IMA Dr Sharad Agarwal with HSG Dr Anil Nayak and HFS Dr SHITIJ Bali Inaugurated South zone IMA CGP conference hosted by IMA Karnataka and IMA GADAG branch at GADAG city Karnataka in the auspicious presence of Law Minister Sh H K Patil ji Government of Karnataka, Medical education minister and Health minister of Karnataka Government.
8. NP Dr Sharad Aggarwal was invited by government of India to attend and represent India and to give his views on the global health at G 20 health summit Gandhi Nagar. Our national president dr sharad agarwal was invited by government of india to cochair the panel discussion on role of devices and technology in increasing MVT in india at G20 health summit at gandhinagar gujarat.
9. He also made a visit to KD Hospital Ahemdabad on 18th august to meet our chief patron. And visited Gujarat state IMA office.
10. National president Dr Sharad Agarwal was chief guest at santosh deemed university on 6th Sept. Here he was welcomed by head of bio ethics dental Dr Prof Rajeev Ahuja and Prof and Head microbiology Dr Dakshina Bisht at the gate. Chancellor Dr Prof Manju Goel , VC Dr Prof Tripathi Bhagat welcomed him and escorted him for the hospital visit. MD Dr P Mahalingam gave an introductory speech about him for the gathering. NP Dr Sharad Kumar Agarwal addressed the unit of MSN there.
11. National president IMA Dr Sharad kumar Agarwal was Chief Guest in the Annual function of IMA Mumbai west branch on 17 September. Around 50 1st year medical students ( Meritorious) were given full set of medical books and 25 meritorious final year medical students were given Rs 25000 each.
12. National president Dr Sharad Kumar Agarwal inaugurated Annual Conference of East Delhi branch on 24th September 2023 as Chief Guest.
13. National president IMA Dr Sharad Kumar Agarwal inaugurated new IMA Blood bank block of IMA Kanpur on 30th September 23. He addressed the press and media elaborated the social services by IMA and it's AAO GAON CHALEIN project where each of the branch is adopting one village and till now 1100 villages all across country been adopted by IMA . National president also emphasised on voluntary blood donation on the eve of National Blood Donation Day and advise all the IMA branches to organise blood donation awareness and blood donation camps on 1st October.
14. National president Dr Sharad Agarwal attending WMA ( World Medical Association) 74th General Assembly on 7th October at Kigali Convention Center at Kigali (Rwanda) along with HSG IMA Dr Nayak



1. IMA greater noida branch was the host of 2nd state working committee meeting held on 30th July. As usual, the stamp of greater Noida Branch was evident everywhere. Dr Ravinder Verma and past UP state president Dr Pradeep Singh again made Greater Noida to be the efficient host. the grand arrangements were there ensuring a big success to the event.
2. Before the function the state office was visited by the leaders of the state including the national president **Dr Sharad Agarwal** himself.
3. IMA UP state past presidents and office bearers visited the state office together before moving to IMA headquarters in July.
4. IMA Bareilly organised health awareness Cyclothan for doctors. Also a organ donation pledge form was filled by members in a large number. -Dr. Independence day celebrations
5. National president Dr Sharad Agarwal ji and the first lady were the chief guest at state IMA office. He hoisted the national flag, looked into the office activities and gave a word of encouragement to us.
6. Flag hoisting ceremony was done at all the branches of state IMA at their respective venues. Few photos are attached. This was associated with social, cultural, informative, sports, awareness, social service, food distribution, sweets distribution and all kinds of activities by the member doctors. The editorial team made it short because of space crunch. see the photographs.
7. IMA Organised health camp with medicines distribution programme in flood affected area. - **Dr Naresh Sharma**
8. On 19th August a CME was organised by IMA hapur on recent advances in diabetes mellitus. - **Dr Vimlesh**
9. IMA bulandshahr women wing celebrated Teej function with colors and fanfare. These events are very important for a bonding amongst the IMA family members. - **Dr Reena**
10. IMA UP state president Dr Anil Kumar Shrivastav was the chief guest at MSN state conference organised at Lucknow. Special CME and workshop was organised for the participants.
11. Dr Anil Kumar Shrivastav, president IMA UP state gave his brief on **Aao Goan Chalen** project of the headquarters addressing the media at his office. He told the media persons about this on going programme for the benefit of society.
12. UP state is participating in CM arogya swasthya mela being held on Sundays at government designated centres.
13. On 22 August IMA sultanpur conducted CME on use of inhalers in respiratory diseases. - **Dr Ankur Seth**
14. IMA chakia under **Aao Goan Chalen** project is organising twice a month free treatment, medicines and ambulance support programme on 3rd and 4th Sunday at village Revsa of Chandauli. - **Dr VP Singh**
15. IMA sultanpur with NTEP and JEET 2 project conducted sensitization workshop for doctors on 29th August. - Dr Ankur Seth
16. IMA hapur conducted CME on 29th August on early intervention in CKD and acute kidney injury. - **Dr Vimlesh**
17. On 8th September, a CME on bed effects of alcohol on liver was held with association of max hospital. - **Dr Lalita**
18. On 9th Sept another CME on haemorrhoidopexy was conducted by IMA sultanpur. - **Dr Ankur Seth**
19. IMA ghaziabad conducted a CME on allergic diseases and precautions in changing season. - **Dr Seema Varshney**
20. A free vaccination camp for children was organised by IMA Pilibhit - **Dr Rashmi**
21. IMA bulandshahr organised a CME with rajiv gandhi cancer hospital new delhi on 17th September. - **Dr Sanjeev Agarwal**
22. IMA amethi organised Aarogya Mela for the public at CHC jagdishpur. It was a heavily attended programme. - **Dr Santosh Singh**
23. IMA amroha under **Aao Goan Chalen** organised a health camp at choti pura **Gurukul Kanya Maha Vidhyalaya** at birthday of Modi ji. - **Dr Devendra Sirohi**
24. IMA team made a visit to shahjahanpur to have a view of preparations for the next IMA UP CON and arrangements. The venue is liked by the team. State IMA secretary Dr V B Jindal expects it to be a big success.
25. IMA Muzaffarnagar has organised a Free ENT checkup camp and free audiometry under Aao Goan Chalen Few renowned ENT surgeons have done the checkup of patients and children of Bal Mandir Shool.
26. Aligarh branch Successfully conducted camp at Village Dhantoli block Gonda Dist Aligarh under Aao Gaon chalen. Health checkup of the villagers was done with advice and distribution of medicines to many villagers. Public awareness was also done by doctors regarding health hygiene and sanitation. - **Dr Anoop Kumar**
27. IMA branch Elections are being held in state. Change of guard is being done like changeover of the torch bearer. Few photographs are attached.
28. IMA Moradabad was host to our National president Dr. Sharad Agrawal, Dr. V. B. Jindal Hony Secretary UP State IMA and Dr. Anand Prakash Joint Secretary IMA HQ for gracing Annual function and Installation ceremony. - **Dr Jitendra Kumar Sharma**
29. In case of brutal murder of Dr Ghanshyam Tiwari. IMA Sultanpur and PMS association gave a memorandum to Honorable DM Sultanpur demanding arrest of culprits.
30. IMA Sultanpur Branch conducted a CME on role of Linagliptin plus dapaglafazocin in management of type 2 DM patients with cardio renal diabetic disease.
31. सुल्तानपुर आईएमए ब्रांच ने स्वच्छता पखवाड़ा अपने आईएमए परिसर के आसपास श्रमदान करके मनाया। इस अवसर पर निर्माणाधीन भवन परिसर के पास वृक्षारोपण भी किया गया।
33. Blood donation by doctors on first of October for the benefit of society as a social awareness programme all over the state.
34. **Aao Goan Chalen** IMA Farrukhabad adopted a village and organised a free consultation, medicine distribution camp there
35. आईएमए बरेली ने उपमुख्यमंत्री एवं स्वास्थ्य मंत्री श्री ब्रजेश पाठक जी को ज्ञापन दिया और मांग की कि हॉस्पिटल रजिस्ट्रेशन को हर वर्ष की जगह ५ वर्ष के लिए कर दिया जाये - **डॉ राजीव गोयल आईएमए बरेली**
36. National President Dr Sharad Kumar Agarwal visited Lucknow and inaugurated IMA Lucknow branch blood bank there. Certainly his vision that is our goal - to increase availability of blood for needy and to make it freely available appears atleast few steps near now.



# Clinical Establishment Act Standards for Clinic / Poly Clinic only Consultation CEA

1. Establishment providing examination, consultation, prescription to outpatients including dispensing of medicines by a single / general practitioner/ specialist doctor /super specialist doctor.

2. A few minor procedures like dressing and administering injections etc may be provided in the clinic/polyclinic however not requiring observation/short stay. Doctors who are themselves providing patient care services like dispensing of medicines, injection and dressing.

To provide examination, consultation, prescription to outpatients by doctor

To deliver primary service in health education and health promotion;

To deliver health care services of rehabilitative nature.

### 3. Infrastructure

3.1 The physical facility shall be developed and maintained to provide safe and secure environment for patients, their families, staff and visitors. It shall be situated in a place having clean surroundings and shall comply with local byelaws in force, if any from time to time.

3.2 The minimum space requirement for carrying out the basic functions of the facility shall be as per Annexure 1.

3.3 The clinic facility shall be well illuminated, ventilated and clean with adequate water supply.

3.4 The clinic shall have a prominent board/signage displaying the name of the clinic in local language at the gate or on the building of the clinic.

3.5 The following other signage shall be well displayed in the language understood by the local public in the area:

a) Name of the doctors with registration number.

b) Fee structure of the various doctors/ specialist

c) Timings of the clinics (For ex- from 8am-2pm)

d) Services provided within the Facility

### 4. Furniture & Fixtures

4.1 Furniture and fixtures shall be available in accordance with the activities and workload of the Clinic/polyclinic.

4.2 The furniture and fixtures shall be functional all the time. For indicative list of items refer Annexure 2 (this list is indicative and not exhaustive).

### 5. Human Resource

5.1 The general practitioner/ specialist doctor /super-specialist doctors as per the scope of the clinic/polyclinic shall be registered with State/Central Medical Council of India

5.2 The services provided by the medical professionals shall be in consonance with their qualification, training, registration.

5.3 In a clinic/polyclinic minimum one support staff must be available to meet the care treatment and service needs of the patient. However number may depend upon the workload and scope of the service being provided by the clinical establishment

### 6. Equipment/instruments/drugs

6.1 The clinic/polyclinic shall have essential equipments as per Annexure 3, and emergency equipment Annexure 4.

6.2 Other equipment as per the scope of service being practiced shall be available.

6.3 Adequate space for storage of equipment and medicines shall be provided and if available medicines shall be stored as per manufacturer's guidelines. The equipment shall be of adequate capacity to meet work load requirement.

6.4 All equipment shall be in good working condition at all times. Periodic inspection, cleaning, maintenance of equipment shall be done.

6.5 The clinic/polyclinic shall have basic minimal essential drugs as per Annexure

6, however other drugs as per the scope of service being practiced may also be available.

### 7. Support Service

7.1 In a clinic/polyclinic minimum one support staff must be available to meet the care treatment and service needs of the patient. However number may depend upon the workload and scope of the service being provided by the clinical establishment.

### 8. Legal/Statutory Requirements

S. No.	Name of the Act/License	Licensing body
1	Registration of medical doctor with Central/State Medical Council	MCI/State Medical as applicable
2	Biomedical Management & Handling Rules, 1998	State pollution control board
3	Provisional registration of the Clinic	State Council

### 9. Record Maintenance and reporting

9.1 Every Clinical Establishment shall maintain medical records of patients treated by it and health information and statistics in respect of national programmes and furnish the same to the district authorities in form of quarterly reports.

9.2 Copies of all records and statistics shall be kept with the clinical establishment concerned for at least 3 or 5 years or in accordance with CEA act rules.

9.3 All clinical establishments shall be responsible for submission of information and statistics in time of emergency or disaster or epidemic situation or as required from time to time by National Council CEA 2010.

### 10. Process

#### 10.1 Registration

10.1.1 Every patient visiting the clinic shall be registered.

#### 10.2 Assessment

10.2.1 Every patient shall undergo assessment, during the course of assessment, the patient findings, medications and investigations should be documented with working diagnosis, legibly in the assessment/OPD prescription with the signature of the consultant/ Specialist / super Specialist with date and time.

#### 10.3 Infection Control

10.3.1 The clinic shall take all precautions to control infections like practicing hand hygiene etc.

10.3.2 Availability of clean water for hand washing /liberal use of sanitizer shall be maintained throughout the working hours of the clinic.

10.3.3 Sanitation and hygiene of the toilets if available shall be maintained.

10.3.4 Mopping of all patient care areas with disinfectant shall be done at least once a day.

#### 10.4 Safety Considerations

10.4.1 The clinic shall ensure to take care of patient safety aspects like patient fall, etc.

10.4.2 The clinic shall be kept pest and termite free.

#### 10.5 Biomedical waste Management

10.5.1 Biomedical waste shall be managed in accordance with the BMW management and handling Rules, 1998.

10.5.2 Clinic waste generated shall be segregated at source.

10.5.3 Needles and sharp waste shall be stored in puncture proof container

#### 10.6 First aid

10.6.1 Provision shall be made for providing First Aid.

10.6.2 Contact details of ambulance, hospital, etc shall be available in case of emergency.

### Glossary

**1. General Physician:** M.B.B.S doctor who attend to the medical needs of individuals within a community.

**2. Ancillary area/Ancillary space:** The nonpublic areas or spaces of the stations usually used to house or contain operating, maintenance, or support equipment and functions.

**3. Support Staff:** The staff, who support the patient care services provided in a clinical establishment.

**4. First Aid:** First aid is a provision of initial care given to a victim of an injury or sudden illness.

### Annexure 5

1. Emergency Drugs



S.No.	Name of the Drug	Minimum Quantity	S.No	Name of the Equipment	Minimum Specifications	No. of Equipment
1	Inj Adrenaline	2A	1	Stethoscope		1
2	Inj Hydrocortisone	1 vial	2	Thermometer	Digital	1
3	Inj Atropine	1 Ampoule	3	Torch (flash lights)		1
4	Inj Avil	1 Ampoule	4	Sphygmomanometer (B.P. Apparatus)	Digital	1
5	Inj Phenargan	1 Ampoule	5	Weighing machine (Optional)	Adult	1
6	Inj. Deryphyline	1 Ampoule				
7	Inj. Frusemide	1 Ampoule				
8	Inj. Metoclopramide	1 Ampoule				
9	Inj. Dexamethasone	1 Ampoule				
10	Inj. Diazepam	1 Ampoule				
11	Inj. Dicyclomine Hydrochloride	1 Ampoule				
12	Inj. 5% dextrose infusion	1 Vac				
13	Inj. Normal saline	1 Vac				

#### Annexure 4

1. Emergency Equipment

S.No.	Name of the Equipment	Minimum Specifications	No of equipments
1	Resuscitation Equipment Ambu Bag/Air Way	Adult Pediatric	1
2	Oxygen Concentrator/ Cylinder (Portable)		1
3	Fire Extinguisher		1

#### Annexure 3

Equipment/Instrument

1. Essential Equipment

#### Annexure 2

Furniture/fixtures

S.No	Articles
1	Table
2	Chairs
3	Examination Table/couch
4	Screens
5	Foot Step
6	Stools
7	Storage Cabinet for records etc.
8	BMW storage area

#### Annexure 1

Infrastructure Requirement

Minimum area required for clinic shall be as follows:

Note: Reception, waiting, consultation room etc shall be adequate as per the requirement and workload of the clinic.

Ancillary area/space: Storage of records, reagents, consumables, stationary etc and eating area for staff.



**IMA World diabetes day 2023** (14th November)celebration. We will be celebrating it as a week long mega public awareness campaign starting on 14th November to 19th November 2023

#### **Sub:- proposed activities for organising mega event on the occasion of World Diabetes Day -2023**

Please find a list of proposed activities that to be done All branches are supposed to do some activities for diabetes awareness during this week

1. One week program starting on Tuesday 14th - Sunday 19th November 2023
2. Drawing competition for school children in different catagory 9th class onward at different school may spread during the week.
3. A walkathon of approx 10Km may be in the form of a relay walk for 1-2 Km Walk by a group of 10-15 people (doctors +Dietitian + public ) across all the branches on the 19th November morning as a part of the one million steps awareness campaign.
4. Blood sugar check throughout the week at different clinics all across the branches with a large number of sugar checks on 19th November at different places as a part of one lakh sugar checks campaign
6. Media Radio/ newspaper article talks for education of public during the week
7. Paramedical workshop all across the branches on Diabetes awareness involving receptionist of clinics also.
8. Branches may involve other NGO/club/RWA/Yoga centre/Gym/welness centers on Sunday 19th November with involvement of politicians/ Administration/ office bearers of other Association /social activist

Many more things can be added if decided by task force/branches for this campaign you are also free to send your inputs **Dr Prahlad Chawla +91 9810569113** from Ghaziabad will be coordinating this mega public awareness campaign.

**Thanks**

**Team IMA UP STATE 2023-24**







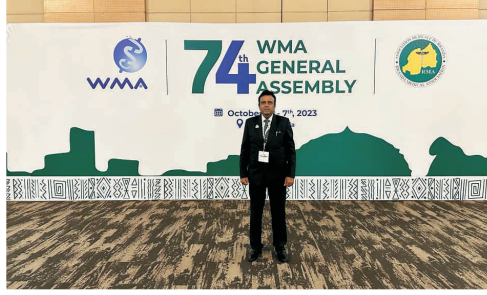




























**IMA stalwarts were honoured in a grand function at IMA headquarters by national president Dr Sharad Kumar Agarwal.**



## NP Dr Sharad Aggarwal at G 20 Health Summit Gandhi Nagar



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